



**First Parish
Unitarian Universalist
Of Medfield**
26 North Street, Medfield, MA
(508) 359-4594
www.firstparishmedfield.org



April 2018 Newsletter

The Parson's Packet

Dear friends,

We have three cats at home, and two staircases – one at the front of the house and one at the back. We tromp up the front stairs and rattle around the second floor until one or more cats gets curious enough to follow, and then slip down the back stairs before they catch up. The result is the feline stampede we call “the running of the cats,” as they dash through the house chasing each other. All concerned get a suitable amount of exercise.

The UUA Ministerial Search Process seems designed to be sure a similar purpose is

accomplished – all concerned get a suitable amount of exercise. Lots of running around is the methodology.

You will read elsewhere our Search Committee did not find a suitable candidate in the first round of Search, which ends March 29. They plan to enter the second round, which begins April 6. The Executive Board concurred, as noted in Fritz Fleischmann's report from the March 22 EB meeting.

The second round happens because both ministers and congregations have gone through the initial sorting and not everybody got a place. This is almost always a matching challenge, not a

Easter Service RE & Little Lights



This year for our Easter Service RE and Little Lights will be doing a canned good hunt instead of an egg hunt this year. We are asking you to donate canned goods for the food pantry that will be hidden for the children to find. You can drop off the items for Samantha prior to the service. There will be a donation box for you as you walk in. The following week, RE will be doing The Little Red Wagon Walk and walking over the canned goods to the food pantry after the service.

The Medfield Food Cupboard is accepting donations of: canned tuna and chicken, canned pasta, canned fruits and vegetables. Please refrain from bringing in larger items and glass items for the hunt.

Thank you so much for your contribution to both RE and the Medfield Food Cupboard.

Samantha Decker Nemeth
Coordinator of Religious Education



Poetry Sunday – April 8

Titles of poetry and prose selections emailed to Bill Wians by April 4 will be listed in the order of service. Can't decide on what to read? No problem! Bring your favorites that Sunday. Everyone will be invited to come forward! CHILDREN READERS WELCOME! Do your kids have a poem they'd like to share? A Children's Poetry Corner will start the service.

Poetry Sunday Haiku

Poetry and prose
A tradition continues
Poetry Sunday

For our Young People



Here's what's happening with CoA!

MFA 4/8

Rehearsal 5/19 around lunchtime

The always enlightening Coming of Age service will be Sunday, May 20th. Our 9th and 10th graders are engaging in discussions, defending their beliefs, and learning about different cultures and their beliefs depicted through art. Many thanks to Louise Rachin and Chris Conley for their time and commitment to our mentoring process.

FP and COA at the MFA with BW!!

Join the Coming of Age group on Sunday, April 8th. Bill Wians will be our private docent for our trip to the MFA. Bill will lead us on a discovery of

religion in art, great inspiration for discussion and reflection! We'll leave after the service and return mid-afternoon. If you're not a member, town libraries have passes you can reserve (free admittance for those under 17). **The visit will be unscripted so that the group will be able to share ideas about what different artworks say about human beings in relation to forces greater than themselves, sometimes benevolent, occasionally malevolent, and often inscrutable.**

Neighboring Faiths (Grades 7-8)

Neighboring Faiths is a world religions program which actively explores many faith traditions, typically spending one Sunday exploring a particular faith tradition before visiting a local faith community the next weekend. On April 8, the class will attend services at the UU Church of Hudson and Marlborough, which will be hosting First Nations guests sharing native drumming, storytelling, music, and perspectives on Standing Rock.

Ministerial Search Committee Update



minister.

Spring greetings from the Ministerial Search Committee. As stated by the Executive Board in this newsletter, the first round of our search process has ended without a viable candidate. We will be entering into the second round which begins mid-April and ends mid-June. We are confident and committed to this process and working to offer this congregation the best candidate for a settled

Karen Wians and Shirley Riga, Co-Chairs
Duncan Glover
Jessica Razza

Chris Flaherty
Sarah Zitoli
Rebecca Stephenson

Notes from the Executive Board



Dear Friends:

I would like to start this month's note with a reminder: **the**

date for this year's annual meeting will be May 20. That Sunday will be also be the day of our annual Coming of Age service, and I hope we'll have a strong turnout to congratulate our young people on reaching that milestone in their lives.

The newly organized Buildings and Grounds Committee, now under the leadership of Eve Potts, has initiated a variety of repairs around the place, a process that will continue through the rest of the church year (have you noticed that all the faucets in the rest rooms are working?). Eve has also taken two online courses on food safety to become our certified Food Manager – one of the requirements for having our kitchen permit renewed by the Medfield Board of Health. (Thank you, Eve!)

Requirements for church kitchens have become more stringent in recent years, in minor and major regards. Minor: you will notice new signs about washing hands; not so minor: we are supposed to have two separate sinks in the kitchen. This is not a new issue for us: a couple of years ago, an inquiry from a potential tenant (who could have added substantially to our rental income) came to naught when he learned that we have only one sink and no commercial dishwasher. Now that we find ourselves having to live up to legal

requirements, it is time to plan for some overdue remodeling.

At the March 22 meeting of the Executive Board, we received an update from Rebecca Stephenson, chair of the Negotiating Committee of the Ministerial Search Committee, and we learned that no viable candidate has emerged from the first round of the UUA's search process. The Board then authorized the Search Committee to enter into the second round. In the system developed by the UUA Transitions office, these "rounds" are basically efforts at match-making: helping congregations find candidates that best meet their needs and match their profile. The quality of candidates in the second round is no different from the quality of those who already found a match in the first. Since there are twice as many candidates looking for settled ministries this year than congregations looking for ministers, we remain optimistic about our chances of finding the right minister for us. And we thank the Search Committee for its diligence and its ongoing hard work!

Among the interesting events coming up this month: April 15 is Commitment Sunday; April 22 will feature an Earth Day service organized by the Green Sanctuary Committee; at the Espresso Yourself Coffeehouse on April 30, a professional caller will lead you in some easy folk dances, to the music of our own Larger Circle band.

See you in church!
Fritz

2018-19 ANNUAL FUND DRIVE

By working together, pooling our resources and building on our strengths, we can accomplish great things. – Ronald Reagan





FIRST PARISH MEDFIELD SMALL SUPPERS!!

The Pleasure of Your Company is Requested
at One of Several Intimate Small Suppers
Hosted in the Homes of First Parish Members

Beginning at 7:00 pm
on
Saturday April 7, 2018

To make your reservation contact
Annual Fund Drive Co-Chair
Mary Corthell at 617-429-4199
or mecor4@gmail.com

Kindly RSVP by Sunday April 1, 2018

"Building on Our Strengths"
Annual Fund Drive 2018-2019

Kickoff Cookoff First Prize Chili Recipe!

Vegan Cincinnati Chili

Inspired by a richly flavored recipe made famous by Cincinnati's Skyline Chili, we developed this meatless version when our son David became a vegetarian. We use four or five different kinds of beans chosen for their variety of color. Avoid beans packed in "chili sauce", as these will distort the flavors added here. We think the best spices come from The Spice House (www.thespicehouse.com) in Chicago. Fresh peppers (bell, jalapeño, etc.) may be used instead of the canned variety. After years of browning the soy crumble and sautéing the onion stovetop before adding other ingredients, we've decided doing so isn't necessary. We now simply combine everything in a crockpot.

5 15 oz cans various beans: black, dark and light red kidney, pink, pinto, etc. (we use Goya)	3 Tbs jalapeño hot sauce
12 oz Lightlife Smart Ground soy crumbles (frig section at market)	1/2 square Baker's Unsweetened Dark Chocolate, finely grated
4 oz Old El Paso green chilies, chopped (or fresh chopped)	1/2 tsp ground cloves
1 large onion, chopped	1/2 tsp cinnamon
3 cloves chopped garlic	1/2 Tbs ground cumin
1 24 oz can crushed tomatoes (we prefer Tuttorosso)	2 Tbs chili powder
	1/2 tsp red pepper flakes
	1 tsp salt
	1 Tbs Worcestershire sauce
	2 Tbs white vinegar

Empty 3 cans of the darkest beans with their packing liquid into crockpot. Reserve liquid from the remaining two cans; add beans to pot. Break up the soy crumble over the beans. Add chopped chilies, onion, garlic, tomatoes, hot sauce, chocolate, spices, salt, and Worcestershire sauce. Stir until ingredients are well blended. Set crockpot for desired cooking time (60-90 mins minimum); make sure beans are cooked through until tender. Stir occasionally. If chili becomes too thick, add some of the reserved liquid. Just before serving, stir in vinegar. In Ohio and the Midwest, chili is served over shaped pasta (macaroni, rotini) and topped with chopped onion, grated cheese, and a dollop of sour cream.

Bill and Karen Wians, FPUU Medfield 3-17-18 entered on behalf of the Ministerial Search Committee.

Building and Grounds

Why all the kitchen signs?



Medfield's Board of Health notified us of the compliance rules for food handling and kitchen equipment that we need to follow. I took the instructional courses for Food Handling and Allergen Awareness training to bring us into compliance. Our Certificate is now posted in the kitchen. Now all we have to do is follow these rules, myself included.

Thank you Sarah Drumm for making the signs. If you have any questions please let me know.

Eve Potts,

Chair-person of Building and Grounds

A Message from the Nominating Committee

In accordance with the Bylaws of First Parish UU of Medfield, and in advance of elections to be held at the Annual Meeting in May, the Nominating Committee would like to welcome nominations, including self-nominations, for the Executive Board of First Parish. There will be several key positions to fill for the 2018-2019 church year. Additionally, if you are interested in serving on the Board in a subsequent year, we are happy to discuss potential future options to assist in longer-term planning.



We seek to encourage engagement at all levels of Church leadership; thus, if you are interested in serving on one of our many vibrant and important committees, please be in touch with the current chair directly. (See <https://www.firstparishmedfield.org/parish-committees/> for a complete list.)

Serving on the Executive Board or on a congregational committee is not just a good way to support the mission and operations of First Parish; it is a wonderful opportunity to work closely with the remarkable people who make up this special community. We hope to hear from you.

Respectfully,

Jen Bartle [jenbartle@gmail.com]

Glen D'Abate [glen@dab8.net]

In honor of Earth Day....

Church Clean-up Day - Sunday April 22

After the service



All Welcome!



New Life Furniture Bank 5K Trail Run – Saturday, May 5

Medfield's New Life Furniture Bank is holding a fundraising 5K Trail Run at 9 AM, Saturday, May 5th at Medfield State Hospital. All speeds and ages are encouraged to run, jog or walk. Registration is open. First 200 registrants get free t-shirt. Register at: newlifefb.org. 100% of proceeds go towards fighting homelessness. Please sign up today.

- Support New Life Furniture Bank of MA which helps restore hope, dignity, and stability in our community by recycling donated furniture and household goods to people in need
- Run or Walk 5K Trail Run on self-contained natural setting of paved roads and wooded trails
- Post-run refreshments and DJ music
- Chip timing provided by RaceWire

Register at: newlifefb.org. 100% of proceeds go towards fighting homelessness. Please sign up today.

Supporting FPUU through Amazon.com and Equal Exchange



If you are using Amazon.com, you can help support First Parish! To order on Amazon, please use this link: <http://www.amazon.com/exec/obidos/redirect-home/firstparisuuch01>. First Parish will receive about 5% of what you order and will not cost you anything!!! (One important note - if you had items in your Amazon 'shopping basket' before using this link, First Parish won't get the benefit of your shopping. Only items placed in the shopping basket AFTER clicking the above link help)



Equal Exchange only sells "Fair Trade" products - by dealing directly with small farmers and co-ops, they insure that the growers and producers get a fair market price for their products - and you get some of the best produce at a reasonable price. First Parish adds 15% to the Equal Exchange price, so your purchase also helps to support the work of the church. For information on ordering from Equal Exchange, click on this link:

<http://www.firstparishmedfield.org/cms/component/content/article/45-amazon/76-ee>



Coffee Hour Host Schedule for April

Please see the sign-up sheet in the vestry if you are interested in hosting open coffee hours.

4/1 Ann Cunningham
4/8 Martha & Patty Castle

4/15 LeAnne Harvey
4/25 Open

Church Office Reminders



Please note: Sandra will be out of the office from May 3-May 10

Church Newsletter: Third Sunday of the month. This month it is April 22nd

Order of Service: Wednesdays by 5:00 pm.

Church Office Hours: Mondays & Thursdays from 8:00 am to 2:00 pm.

Email: admin@firstparishmedfield.org

Sandra Andreassi-Administrator

Among Ourselves

Memorial Service for Dr. Marshall Emanuel Deutsch April 28th

Very unfortunately, Marshall, who was the husband of Judy Deutsch, who served as First Parish called minister during the 90's, died on December 23 after having two strokes on December 6 and contracting a C-Diff infection and developing sepsis.

We had moved to New Mexico on June 28, living with our daughter and son-in-law while each couple was having a house built 150' across from each other. I moved into my (not our, as planned) on 2/21 and Pamina and Michael moved into theirs yesterday.

I love my house whose address is 1498 Sagebrush Drive, Corrales, NM 87048.

There will be a memorial service for Marshall 3:00pm, Saturday, April 28, at First Parish, Sudbury, 327 Concord Rd., Sudbury, MA 01776.

Some of you may want to attend.

I am pasting his obituary below.

Judy

Obituary

Dr. Marshall Emanuel Deutsch, 96, died on December 23. He was born in New York City, and recently moved to Corrales, NM, after 51 years in Sudbury, MA, and earlier times in New Jersey, Detroit, Michigan, and New York.

A graduate of DeWitt Clinton High School and the City College of New York, he served in the Army Air Forces in World War II (for which he was awarded an Air medal) and received his Ph.D. in physiological studies from New York University in 1951.

Marshall had a varied career, but considered himself primarily an inventor of diagnostic tests for medicine, and held 60 patents, including two patents that introduced a simplified automatic system of assay, later applied to home pregnancy tests and referred to in hundreds of subsequent patents by others.

An extremely witty person to the end, Marshall was a solver of difficult puzzles including The Nation's puns and anagrams puzzles and the NY Times diagramless ones, a folk dancer for more than 70 years, a linguist, a lover of Mozart operas, and, for more than 12 years, a columnist for, and editor of the Boston Mycological Society's Bulletin. He was a traveler to 25 countries (in part to work for the US Agency for International Development and the UN Capital Development Fund), the author of many scientific and non-scientific articles and letters, and especially proud of his letters in the Journal of the American Medical Association.

Marshall produced and presented more than 200 radio shows on nutrition and science that were produced over WBAI and KPFA, and wrote articles on nutrition for The Realist. In 1955, he founded a Unitarian fellowship in Morristown, NJ, which still flourishes.

An American Association for the Advancement of Science Life Member, he also was a member of the International Network of Cholesterol Skeptics, which researched the impact of cholesterol and debunked the myth that cholesterol was bad — a myth that is finally losing credence.

Marshall believed in exercise and worked out on a stationary bicycle for an hour each day up to December 6th, the day before he suffered two strokes.

He is survived by Reverend Judith Deutsch, his beloved wife of 70 years, and their three adult children — Pamina Margret Deutsch of Corrales, NM, Dr. Ethan Amadeus Deutsch of Seattle, WA, and Dr. Freeman Deutsch of Cambridge, MA. — and his granddaughter Melina Baron Deutsch and his son-in-law, Dr. Michael Baron of Corrales, NM, and his daughter-in-law, Jessie Saacke of Cambridge, MA. Many other cherished relatives predeceased him, including his grandson, Jan Angel Santa Ana Deutsch.

He is beloved by his family and many others, and will be greatly missed.

A Memorial Service for Marshall will be held at 1 PM, Saturday, April 21, at the Unitarian Universalist Westside Congregation in Rio Rancho, NM. Another Service will be held on Saturday, April 28, at 3 PM at First Parish Church in Sudbury, MA. Marshall was a member of both congregations.



My son, William Russell, is going to perform as Willy Wonka in "Willy Wonka, Jr." at the Sheehan School in Westwood on Friday, May 4th, at 7 pm and Saturday, May 5th, at 2 pm. If anyone in the church is interested in going, he'd love to see you there! Be in touch with me at director@russeleducation.com, and I'll let you know when tickets go on sale. -David Russell

Margaret and Don Rolph about to leave for the March for Our Lives in Boston.

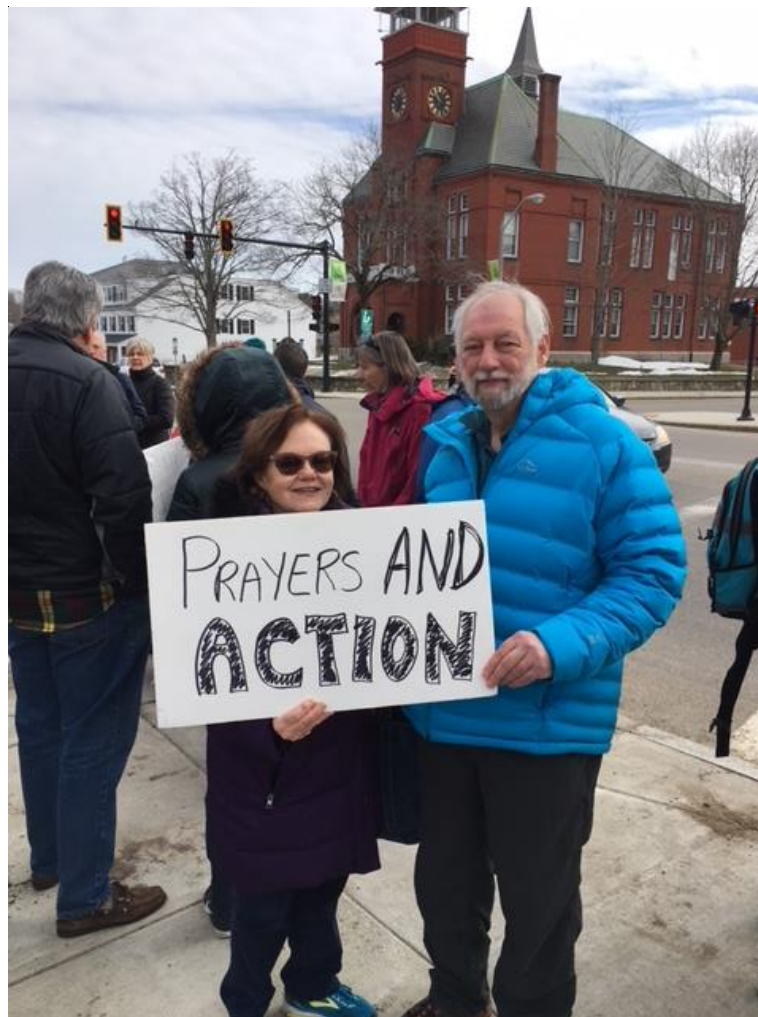


Photo taken by Jeanette Ruyle



EXPRESSO YOURSELF COFFEEHOUSE

**Saturday,
April 28th**

7:00 - 9:00 PM

**International Folk
Dancing with the
Larger Circle Band**

Theme: Spring

LOCATION: First Parish UU
26 North Street, Medfield, MA



The *Espresso Yourself Coffeehouse* is an opportunity for spoken word artists to share their poetry, stories, and songs. It is held the last Saturday of every month at 7pm at First Parish Unitarian Universalist, Medfield, MA. Refreshments are served. Come and join in the fun, either to enjoy as an audience member or to participate. Open mic readers have 5 minutes to share. Teens and adults welcome.

Refreshments from Starbucks are served. Medfield TV films event and posts to You-tube.
\$5 suggested donation (\$3 students).





FPUU Calendar of Events for April

Sunday, April 1	Easter Service for All Ages
Monday, April 2	Larger Circle Band/7:30 pm/U-House Medfield Historical Society/7:30 pm/Vestry
Tuesday, April 3	Pastoral Care Committee Meeting/7:30 pm/Vestry
Saturday, April 7	Small Suppers/Offsite
Monday, April 9	Larger Circle Band/7:30 pm/Vestry
Thursday, April 12	Worship & Music Committee Meeting/7:15 pm/Vestry
Friday, April 13	LGBT Luncheon Program Competency Training/9:30 am/Vestry
Sunday, April 15	Medfield Huddle/4:30 pm/Vestry
Monday, April 16	Patriots Day – Office Closed Larger Circle Band/7:30 pm/Vestry
Thursday, April 19	Executive Board Meeting/7:30 pm/U-House
Saturday, April 21	New Life Furniture Bank/Volunteer Day
Sunday, April 22	Newsletter Deadline Church Clean-Up Day
Monday, April 23	Larger Circle Band/7:30 pm/Vestry
Tuesday, April 24	Membership Committee Meeting/7:30 pm/Vestry
Saturday, April 28	Espresso Yourself Coffeehouse/Vestry
Monday, April 30	Larger Circle Band/7:30 pm/Vestry

