

# 2023 Climate Week MEA

Medfield • Environment • Action

Saturday, April 29 – Sunday, May 7

## *Climate Week Schedule*

MEA is excited to announce Medfield's first Climate Week from Saturday, April 29<sup>th</sup> – Sunday, May 7<sup>th</sup>. A variety of unique events are taking place throughout the week at various locations around town. The goal is to have fun, spread awareness, educate, and network with neighbors. Any questions email [meamedfield@gmail.com](mailto:meamedfield@gmail.com).

### *Events Ongoing Throughout the Entire Week:*

**Children's Climate Book Display** - Medfield Library

**Medfield TV Video** - On Medfield TV

Recording of Climate Week Event Captains talking about their events and community members' testimonials, tips, tricks, etc. about how they are working to reduce their carbon footprint. Will air on Medfield TV all week.

**Butterfly Tree Shop** - Discount on sustainable and eco-friendly gifts - 505 Main Street

**Park St. Books** - Climate Books on Display - 504 Main Street

### **Larkins Liquor Store - 20 North Street**

All during climate week, stop in at Larkins to enjoy 20% off any 3 or more bottles of organic wine. A great selection of both red and white organic wines are available for this special sale.

### **Solar Panel Options As Related to Home Sales - By appointment**

Have you wondered if you should add Solar panels to your home? Not sure if you're going to move in the next few years and worried about your return on the investment? And, what will Solar panels do for the value of your home when you do sell? In this presentation, David Derian of Berkshire Hathaway Page Realty offers an overview of Solar installation options, and gives answers to these and other questions. Meetings are TBA, please email [daviddерian@bhhspace.com](mailto:daviddерian@bhhspace.com) if you're interested, and we'll get back to you asap with scheduling.

**Take a walk or ride your bike along the new Rail Trail - begins at Ice House Road. 1.3 mile multi-use trail, parking available across from the entrance (<https://medfield.baycolonyrailtrail.org/>)**

*Saturday, April 29th*

### **Medfield COA Yard Sale - 8-2 Center at Medfield One Ice House Road**

This is a major fundraiser for the COA. Furniture, glassware, toys, books and much more - includes a bake sale and a book sale. Donations of gently used items are welcome except no computer, printers or clothing. Any questions contact the Medfield Council on Aging (508) 359-3665. Reusing our 'stuff' and combating throw-away consumerism is vital to sustainability.

### **Walk/Hike Red Gate Farm - 9 am Foundry Street across from #44**

Red Gate Farm Hike - Discover the 54 acre Red Gate Farm parcel purchased by the Town of Medfield in 2013. This parcel once known as "Scoutland" connects to Adams Farm conservation area in Walpole. Join hike leader Blanche Teyssier, of Friends of Medfield Forests and Trails, on April 29th at 9 AM on Foundry St. across from #44. Wear comfortable shoes. The walk will be approximately 2.5 miles and should take about 1.5 hours.

### **Fairy Walk at Bellforge - 10-3 pm 45 Hospital Road**

Explore a world of fairy houses (fairy residences are known for having the lightest carbon footprint ever!) <https://bellforge.org/event/fairy-walk-at-bellforge/>

## **Sustainable Colonial Vegetable Garden - 11-2 Peak House** 347 Main Street

A sustainable Colonial vegetable garden for 2023 is to be developed next door to the Peak House at 347 Main Street. Come to the Peak House Heritage Center to find out more about volunteering as a gardener by growing Colonial vegetables which were vital to early Medfield families. You'll have a small plot of your own, and can select from a Colonial seed list! Seeds and water resources are provided at no cost, as well as deer and rabbit protection. Throughout the growing season, you may harvest your own crops or donate them.

*Sunday, April 30th*

## **Demo/Display of Temperature Blanket (knit and crochet) - 2-3 pm** Medfield Library

This is a knitted or crocheted blanket that uses different colors of yarn to record each day's temperature over the course of a year. It is a visual representation of climate change. Come hear how the Tempestry Project began as a data art movement. Learn about the project and how to start a blanket of your own. History and instructions will be shared. A knitted and a crocheted blanket - both in progress will be on display.

## **Solar Panels and Heat Pumps - 12-2 pm 24 Marlyn Road**

Come and see our brand-new 28-panel solar roof array, the meters and boxes on the side of my house, and how the installation looks. We are excited to share how we monitor our electricity production with the Enphase app. We oversized our system, expecting to have an EV in a couple of years or so, and after only a month online, we are already making money!

We also have two air source heat pumps since 2017, one ductless and one ducted, so we were able to compare the different experiences with each technology.

Last year, when my daughter's gas heater broke, I helped her get a whole house air-source heat pump for her Boston apartment and access both the 0% heat loan and the generous MassSave rebate. Happy to chat about that process, if you are interested.

## **Permeable Pavers, Composting and Rain Barrels - 1-3 pm** 125 Green Street

Stop by to see my 200 gallon rain barrel system, permeable driveway pavers and 27-panel solar system. Happy to also discuss my plug-in hybrid SUV experience and food composting system as well.

*Monday, May 1st*

**Support Article #25 at Town Meeting - 7 pm - Medfield High School**

Support Article #25 “School Committee PPA and Lease Authorization for Solar Voltaic”, which will allow the School Committee to enter into Power Purchase and Lease Agreements to put solar arrays on rooftops and on canopies. (A meeting on this article will be held Wednesday April 26th at 7pm via zoom if you have questions or would like to learn more. Follow this link to the [April 26th zoom meeting information](#)). To find the full article and all Town Meeting articles, [follow this link](#).

*Tuesday, May 2nd*

**Solar Shingle Roof Open House - 11-2 17 Loeffler Lane**

My roof shingles are solar panels! Viewing the roof shingle array from the outside and the system equipment from the inside – also includes explanation of the Inverter and Sunny Portal logins which shows real time solar production (to the point where if a cloud goes over or moves away you easily see the changes) and production graphs from recent days – view homeowner’s detailed data from 2012-2022 on production, % of total electricity, total cost/savings and average price of electricity each year – info on US cities and their average annual hours of sunshine – multiple electric bills “no payment due.”

**Talk Tesla - 5 - 6pm 36 Wichita Road**

Come kick the tires (not literally!) of a 2022 Tesla Model Y. Have an up-close look at the electric vehicle and check out the frunk. Megan Sullivan will share her charging set-up and personal experience driving to and from Florida.

**Mountain Bike Ride at Noon Hill in Medfield (beginner trails, some intermediate) - 5:20 - 7:00 pm, meet at Noon Hill parking lot (Noon Hill Rd. first lot on the left coming from South St)**

Sponsored by the Friends of Medfield Forests & Trails. Come explore one of Medfield's crown jewels for mountain biking, Noon Hill. This is an introductory loop with a variety of terrain for riders looking to explore beginner and intermediate trails. The focus is fun on the trails and, if you have hiked Noon Hill and Shattuck, you'll enjoy the change of perspective from two wheels. The ride will be led by licensed MTB instructor Dan Frankel. A mountain bike and helmet are required, water is recommended. RSVP to Dan Frankel at [dan.frankel@gmail.com](mailto:dan.frankel@gmail.com).

## *Wednesday, May 3rd*

### **Swap Opens - 9-3 Transfer Station**

The purpose of the Swap Area is to divert items from going into the waste stream. The SWAP AREA is a convenient drop-off spot for unwanted items or a unique "shopping experience" at a bargain price, it is FREE! Items are NOT disposed of at the end of the day (as was done in the past), items generally remain at the SWAP for a few weeks to give them a chance to be seen and taken before recycled/repurposed.

The Swap is open to Medfield residents who have a Transfer Station sticker. It is open through late September every Wednesday, Friday, and Saturday 9-3. Some items when requested go to New Life, The Center, the Animal Shelter, High School Theater Group, All Night Graduation Party, and Hinkley Playground. The area is decluttered daily and packed up items go to Big Brother/Big Sister, MADD or St. Vincent de Paul.

### **Demo/Display of Temperature Blanket (knit and crochet) -**

1:30 -2:30 pm Medfield Library

This is a knitted or crocheted blanket that uses different colors of yarn to record each day's temperature over the course of a year. It is a visual representation of climate change. Come hear how the Tempestry Project began as a data art movement. Learn about the project and how to start a blanket of your own. History and instructions will be shared. A knitted and a crocheted blanket - both in progress will be on display.

### **Community Labyrinth Walk - Sharing Hope for a Changed World**

6-8 pm Church of the Advent 28 Pleasant Street

Walkers may arrive anytime between 6-8 pm - see flyer at [adventmedfield.org/events](http://adventmedfield.org/events)

Come and celebrate our interconnectedness with the Earth and all of God's creation. Whatever your faith:

- Bring your gratitude and love for the beauty of creation.
- Bring your curiosity, uncertainty, doubt and despair.
- Bring your thirst for stillness.

Your hosts: Jill Seiler-Moon, Veriditas Labyrinth Facilitator and Rev. Lynn Campbell, Priest at Church of the Advent. If you are new to the labyrinth, you can learn more about this sacred space <https://soulweavings.net/the-labyrinth>. Your optional goodwill donation will benefit the Creation Care Ministry at Church of the Advent ([adventmedfield.org](http://adventmedfield.org)).

## Information on solar panel options, as related to home sales - 7-8 pm 489 Main Street, Medfield, Berkshire Hathaway Page Realty Home Services

Have you wondered if you should add Solar panels to your home? Not sure if you're going to move in the next few years, and worried about your return on investment? What will Solar panels do for the value of your home when you do sell? In this presentation, David Derian gives an overview of Solar installations and gives answers to these and other questions.

Please email [daviddarian@bhhsPagerealty.com](mailto:daviddarian@bhhsPagerealty.com) to register. Private sessions available also, by appointment.

## Ground Source Heat Pump Conversation - 7:00 pm via zoom

Join Medfield Energy Committee member Fred Davis for a chat about his home's ground source heat pump (GSHP) (aka "geothermal") system, used for both heating and cooling. A brief film showing the installation is quite dramatic. (The finished system itself is quite boring 😊)

GSHP systems have been making sense for more and more Medfielders. It is the route to all-electric, zero-carbon, with long-term comfort and no fossil-fuel backup.

Here is the link to the Zoom meeting.

<https://us02web.zoom.us/j/89939390255?pwd=aWk0U0k3TkNtNnpCU2JKTjUxVGVwUT09>

Meeting ID: 899 3939 0255

Passcode: 504978

*Thursday, May 4th*

## Visible and Sustainable Mending of Jeans - 5:30-8:30 pm

### Medfield Library

We will go over how to use the woven embroidery technique to patch small holes and cover small stains, then we'll learn how to use pieces of denim or heavy fabric to patch bigger holes - this technique is great for knees! There will be time to work on your own jeans (or any denim product) with help if needed.

The demonstration for stains and holes will begin at 6:05.

The demonstration for larger holes will begin at 6:45.

No sewing experience is necessary to succeed at these two hand sewing techniques. Come for one or both demonstrations. Bring your own jeans - all other supplies will be provided!

**Space is limited.** Pre-register [here](#), free. Limited to 12.

## **Solar Panel and Electric Vehicle Charging Open House -**

4:30-7:30 pm, 3 Hospital Road

Join us if you're considering solar, an EV or heat pumps and would like to ask any questions about the benefits of each or to see 6 years' worth of \$0 electric bills! Check out the 45 solar panels on our roof and the corresponding net meter equipment for the electric company reading as well as the Solar Edge data collection dashboard. Also see our Tesla Y with installed Tesla charger in our garage and an additional 240V outlet that we also installed to help charge our daughter's Chevy Bolt when she visits. We also can speak to our heat pump heating/cooling solution at our paneled house in Maine.

*Friday, May 5th*

## **Catching the Sun Movie Showing - 12 noon Medfield Public Library - Sustainable Medfield**

Solar energy is a key part of the Town's Climate Action plan. Learn how the transformation to solar power is taking place in diverse communities. See the trailer and learn more about the movie [here](#). All are welcome, even the littlest Medfielders! The movie runs 1 hour 15 minutes. Bring your lunch or a snack!

## **Name the Recycling Compactors Contest - Contest opens May 5 and goes till June 5.**

A great opportunity to show Compactor 1 and Compactor 2 at the Transfer Station some respect and give them proper names! Recycling helps keep waste from incinerators - curbing the amount of greenhouse gases. Email your first and last name and address along with your ideas to [MedfieldTSARC@gmail.com](mailto:MedfieldTSARC@gmail.com). Limit is 4 names/person. Names will be selected based on creativity. Be silly, be serious, but have fun! Sponsored by the Transfer Station and Recycling Committee, TSARC.

## **Froggin Friday Hike - 6-7 pm Rocky Woods**

Requires registration and fee <https://thetrustees.org/event/85566/>

Fridays are for frogs! Listen. Look. Listen again, carefully now. The famous Rocky Woods frogs emerge in the springtime. This Friday hike will show you favorite habitats and help you learn why frogs love Rocky Woods. On this guided hike, we'll start off from Chickering Cabin and hike to an inviting water feature to search for and study the behavior of our favorite frogs.



*Saturday, May 6th*

**Goats, robot mowers, organic cotton candy, and more! -**

11-1 First Parish Unitarian Universalist Church, 60 North Street

- **'Goats of Dover'** – Bring the whole family to see the friendly goats in action! Having the 'Goats of Dover' visit your property is an effective, environmentally friendly way to eradicate poison ivy and unwanted brush- and it's super fun! Goats of Dover is committed to cleaning up and greening up our planet. Our services include goatscaping, goat yoga, baby goat visits, and cocktails with goats. Learn lots more at [www.goatsofdover.com](http://www.goatsofdover.com)
- **Robotic lawn mowers** and other sustainable tools for yards and fields. Automated Outdoor Solutions of New England will be featuring robotic lawn mowers, a robotic snowblower, a leaf-blower, a variety of battery-powered handheld tools and more! All tools are practical alternatives to noisy gas and oil-powered lawn maintenance tools. Come see and try them out! AOS contact [newenglandaos@gmail.com](mailto:newenglandaos@gmail.com)
- **'No Mow May'** info table. Learn about the benefits to our environment, including good little creatures, from delaying spring mowing of grass.
- **Community outdoor weaving art** project using upcycled materials.
- **Environmental books, preloved** – available for a goodwill donation, or free.
- **Cotton candy organic apple-flavored!** Proceeds to go to FPUU.

**Kelp is on the Way - A Unique Dinner Event 6-8 pm Church of the Advent 28 Pleasant Street - [see more information at adventmedfield.org](http://adventmedfield.org).**

Learn about 2023's hottest superfood, nutrient-packed kelp — and how it's good for the planet. Local chef and culinary innovator Andrew Wilkinson will share an overview of this virtuous vegetable, a short presentation, and a video featuring Maine kelp farmers and aggregators. Then enjoy Andrew's 3-course tasting menu: Seaweed-ish "Meatballs" with Greek Salad Sea Veggie Burger with Kelp Chips Flexitarian Salmon Kelp Cake over Pimento Cheese Slaw.

**\$30 per person. Register at [adventmedfield.org/kelp](http://adventmedfield.org/kelp) by Friday, April 28. Maximum of 70 people.**

*Sunday, May 7th*

**Electric Vehicle Car and Truck vShow, Kids Nature Craft, and Rail Trail Ride or Walk - 1-3 pm Center at Medfield parking lot - One Ice**



## House Road Medfield Energy Committee, Medfield Park and Recreation, and Sustainable Medfield

Join fellow drivers and learn about their experiences with their electric cars and trucks. We have an assortment of vehicles including battery-only and hybrid models. Have you checked out the versatile Lightning pickup truck? Come on by!

The kids can create a gel leaf imprint, learn about nature and have a fun craft to take home.

Walk or ride the Rail Trail while you are there.

## Visit A Diverse and Naturally Landscaped Lawn and Enjoy A Fiddle Concert 7 - 7:30 pm - 84 Bridge St.

Come by to see a yard with almost no grass (ground covering, trees and shrubs instead) and enjoy an outdoor fiddle concert at the same time. WEATHER PERMITTING

## Private Events Happening Around Town

**Children's Clothing Swap at Medfield Children's Center**  
**Children's Clothing Swap New 'n Towne**

## Other Climate Awareness Activities

**Annual Medfield Clean-Up - Sat/Sun April 22 and 23 8-3 pm**

Call Medfield DPW to volunteer (508) 906-3003.

**Beginner/Family Mountain Bike Ride - Tues April 25, 5:30 - 7:30 pm**  
ride along the 'Charles River at Medfield State Hospital - Friends of Medfield Forests and Trails

Please RSVP by texting George at (617) 335-8511 or on the NEMBA website [www.nemba.org](http://www.nemba.org)

## Holistic Wellness Center 18 North Meadows Rd

The shop employs numerous sustainable practices every week of the year. They use paper or reusable gift bags. They serve water from a 5 gal jug in compostable cups and use the same cups for lotions during treatments. Sustainable needles are used for acupuncture and mylar blankets are used and saved for each client to cut back on the

need for laundry. They sell certified Fair Trade products. They have insulation made from recycled blue jeans and most lighting is LED.