

First Parish Unitarian Universalist of Medfield

26 North Street,
Medfield, MA
(508) 359-4594

www.firstparishmedfield.org



April 2026 Newsletter

Dave Egan, Minister
Ministerial Musings

Did you know that expressions gratitude can elevate your level of happiness? Cognitive scientists, who research happiness or what they call “subjective well-being”, have discovered that one of the most potent ways to increase your happiness is to keep a daily log of things you are grateful for. Maybe that doesn’t sound so surprising - maybe grateful people just tend toward happiness anyway - but what’s really intriguing is that people who score on the lower end of the happiness scale before they start this practice benefit from practicing gratitude more than those who score higher initially. Studies also find that people who regularly record their sources of gratitude also exercised more per week and achieved more of their personal goals.

So, if you want to feel better, achieve more and get healthier, why not try this as a daily spiritual practice? Every night think of those things from your day for which you feel most grateful and make note of them in some way. As you do, let yourself savor the feeling of gratitude and the sense of well-being that comes with it. Not surprisingly, this kind of exercise or something similar is recommended in several religious traditions.

Even better though, studies show that if you go beyond recording your gratitude and tell the important people in your life why you are grateful for them - that's like getting a super-duper booster shot of "subjective well-being." How often do we tell the people we care about how grateful we are that they are part of our life? We say it on birthdays and anniversaries, maybe. But what if we made a habit of doing that on a regular basis? Not only would we feel better, but the recipients would also.

I wonder what would happen if we applied this to our congregational life. What might happen if everyone at FPUU started telling other people at FPUU why they are grateful for their presence? Maybe we would all get lifted to a new level of well-being and wisdom.

In that spirit, I want to say how grateful I am for the people who contribute so much time and energy to make this congregation the religious community that it is. Nothing - absolutely nothing - happens at FPUU without volunteer effort somewhere along the way. Hardly a day goes by that I don't feel a deep sense of gratitude for the members of this congregation, but I probably don't say it out loud enough. So let me say it - okay, write it - thank you, thank you, thank you! FPUU would be nothing without you.

So, what do you say? Who at FPUU wouldn't want a booster shot of "subjective well-being"? Surely there is more than enough gratitude to go around. Everyone can get in on the act.

With gratitude,
Rev. Dave

Notes from the Church Office:



Please remember the following deadlines:

Church Newsletter: Third Sunday of the month. April 19th this month.

Order of Service: Wednesdays by 5:00 pm.

Church Office Hours: Mondays & Thursdays from 9:00 am to 3:00 pm.

Email: admin@firstparishmedfield.org

Sandra Andreassi-Administrator



Upcoming Services

April 5

Beginning Again

Rev. Dave Egan

The story of Easter has been a source of strength for nearly two thousand years. What in our own lives might need resurrection, and how is resurrection already happening around us? Come join us for this intergenerational service where we explore all that might be beginning again in our lives.

April 12

Keeping the Sabbath

Rev. Dave Egan

“I’m so busy” seems to be a universal refrain. According to Wayne Muller, “we say this to one another as if our exhaustion were a trophy, our ability to withstand stress a mark of character.” Perhaps it is time to reconsider the biblical injunction to “keep the sabbath.” Isn’t this something we all need? A regular time for rest and renewal?

April 19

Earth Day

Green Sanctuary Committee

For this year's Earth Day Service, organized by the Green Sanctuary Committee, we have been able to engage a prominent speaker: long-time Medfield Select Board member Osler "Pete" Peterson. Pete has been a tireless advocate of green climate policies. He will speak to us about his experiences as a member of Medfield's Energy Committee and about the climate issues and challenges faced by Medfield and similar towns in our area, thus highlighting how important local efforts are in caring for the environment and Earth. Come join us in song and celebration of caring for our Earth home!

April 26

The Prophetic Sisterhood

Rev. Dave Egan

Today there is still the conversation about the impact that gender stereotyping is having in considering women for top leadership positions. This conversation about women in leadership is not new, of course, and so on this Sunday we will look back to the Post-Civil war era and reflect on those women who dared to enter Unitarian and Universalist pulpits and assume the mantle of minister. We will explore the lives of these brave female trailblazers and learn what happened to them.



From our Coordinator of Religious Exploration

Kate Ciavanno

April RE News

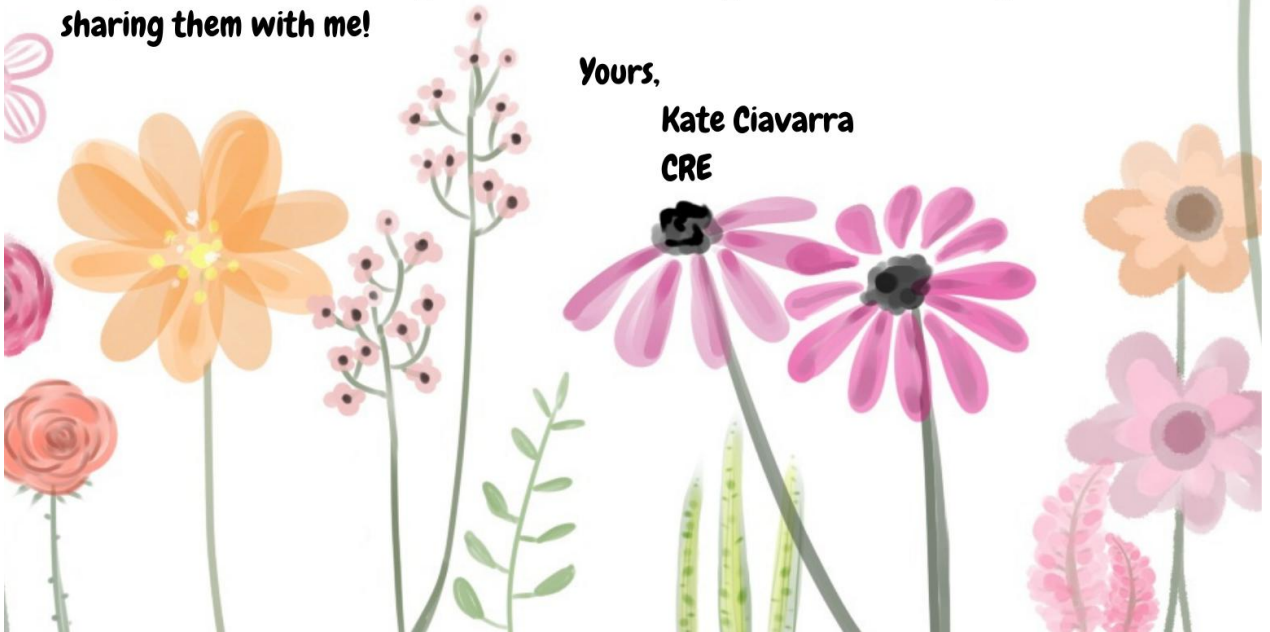
I can't believe April is actually here! This year has flown by so fast and I'm so proud of all the activities we've done, discussions we've had, books we've read... etc!

After the success of our Movie Nights we will be having a GAME NIGHT on April 18th, starting at 6:30 pm! Please make sure to join us for that, and bring some games you are willing to share! 😊

This month we will be rotating lessons between gender studies and acceptance, and being a community helper and taking care of the world around us. We will be reading books about voting and taking care of our future, while learning about trans kids and being ourselves in a place where we can truly shine.

As always, I am so impressed with your kids and how much they care. Last month we wrote letters to those who are protesting in MN, and care letters to people 24 and under who are trans and looking for support. Your kids' hearts are so open and kind and loving, that I adore working with them. Thank you for sharing them with me!

**Yours,
Kate Ciavarra
CRE**





You are Invited to the Annual FPUU Potluck Passover Seder!

Friday, April 3rd, in the Vestry,
starting at 6pm
All are invited to this family
gathering!

Passover is the remembrance of the hurried escape and the celebration of the liberation of the Israelites from their slavery in the time of the Pharaohs. It's about remembering to be thankful for freedom and helping others. Our Seder is a telling of that story but with a UU flavor.

We will all take turns reading parts, and then we will eat. One note – there are some traditional foods which fit into a Passover meal. Leavened products including certain grain-based foods like bread and pasta do not. If in doubt, ask us or do a search online.

If you would like to come, please tell us what you will bring. **Choose one** of these ways to sign up:

- "[2026 Potluck Seder link](#)" at SignUpGenius! OR
- paste this link in your browser: <https://www.signupgenius.com/go/8050B4CAA728A4F58-62831512-2026>, OR
- email Faye Kalmbach at fkalmbach@gmail.com

We hope you can join us!

Thea Iberall
Faye Kalmbach
Becca Kornet
Louise Rachin

Notes From the Music Director

Eva Kendrick Conley



Call for performers - Performers of all ages are invited to participate in our annual Music Sunday Service, which will be held on May 25th! With coordination from the RE committee, we are also organizing a children & family choir which will be singing at our Mother's Day service on Sun. May 9th. If you are interested in participating in either (or both!) services, please e-mail me at evakendrick@comcast.net.

FPUU Down Under!

Becca and John Kornet met up with Sara, Molly, and Sammy Drumm on a trip to Melbourne in March.



Capital Campaign Committee Holds First Full Meeting



On Sunday, March 15, 2026, the newly formed Capital Campaign Committee held its first full meeting. Committee members Glen D'Abate (chair), Duncan Glover (secretary), Mary Corthell, Jess Razza, David Stephenson, and Bill Wians met to begin planning the three-year capital campaign to raise funds to

maintain and improve the historic First Parish Meeting House. The goal of the campaign is to raise \$250,000. The Capital Campaign was authorized by the First Parish Congregation at its semi-annual meeting in December 2025.

Committee members are happy to report that the first phase of the campaign has begun. Critical work on stabilizing the steeple will begin in mid-April. At about the same time, a new roof will be installed on the Meeting House to prepare for the installation of 36 solar panels on the south-facing (parking lot) roof surface. The panel installation will take place in early May. Once installed and operational, First Parish's net monthly cost for electricity is estimated to drop to near zero, a savings of approximately \$500 per month. The break-even cost for the roof and panel installation is seven to ten years.

In order to begin critical work as soon as possible, and to qualify for significant federal clean energy rebates, members of the First Parish community have agreed to lend First Parish \$100,000 so that the work can begin immediately. The payback of the loans will be over five years, at 5% per annum. The loans are not part of the Capital Campaign. The authorization for the loan was also approved at the December semi-annual meeting.

The formal launch of the Capital Campaign will take place on Saturday, May 2. All members and friends of First Parish will be invited. Further details will be forthcoming. Pledges for the three-year duration of the campaign will be sought. The Committee hopes that all pledges to support the capital campaign will be received by the end of the year 2026.

The Capital Campaign Committee also plans to reach out to former members of the congregation, to area businesses, to town government, and to relevant foundations.

Please contact Glen D'Abate (gdabate@gmail.com) with any questions.

SAVE THE DATE

The formal launch of the Capital Campaign will take place on Saturday, May 2. All members and friends of First Parish will be invited. Further details will be forthcoming.

Have You Ever Wondered...

By Jeanette Ruyle

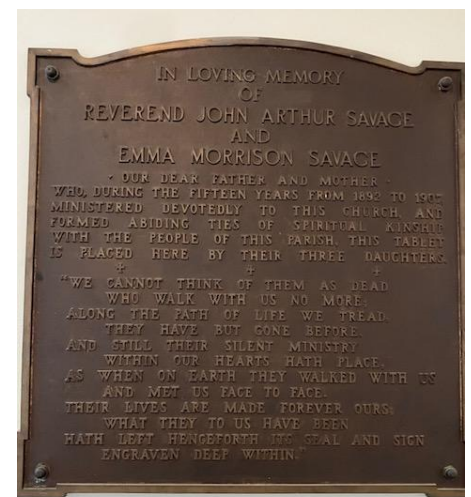
That is what I am calling this new part of our monthly FPUU newsletter. Since I began trying to sort out some old First Parish records several months ago, I have come across some interesting tidbits of information from the past that I hope to be sharing in the newsletter.

This inaugural piece involves two men who have been staring us in the face (or more precisely, staring at the backs of our heads) for many years. Have you ever wondered about the photographic portraits hanging in the back of the sanctuary? There are four in total-- two named men, and two unnamed men. We will get to the named ones at a later time. What about those other ones? Who are they? And why do they have such a substantial presence in our sanctuary? These pictures are obviously from another century, and are large enough to make me hesitant to remove them from the wall by myself. So, here are photos of the photos in question, taken *in situ*, showing the sanctuary in reflection.



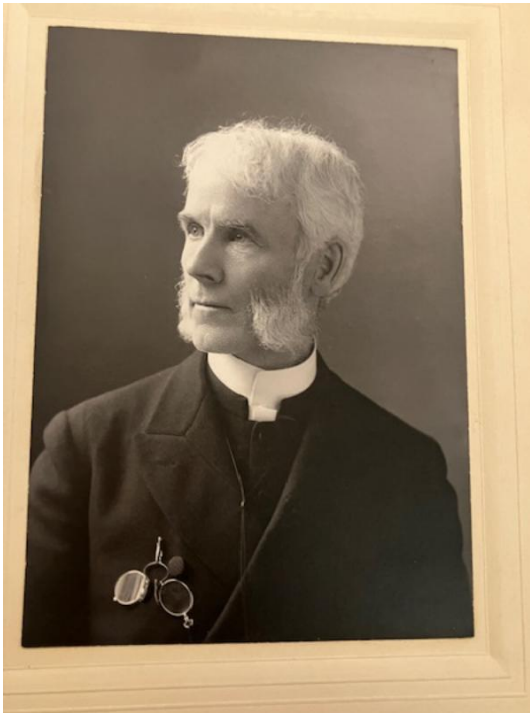
I was transfixed the side whiskers, so I began with him. Side whiskers and mutton chops are abundant versions of [sideburns](#), popular with men in the 1800's, especially in the U.S. during and after the Civil War. That was the first hint— it was likely this man was a minister of First Parish during the mid to late 1800's. From 1852-1892 there were nine ministers. Years of service ranged from 2-15 years.

Of those, **Rev. John Arthur Savage** served First Parish the longest for fifteen years, 1892-1907. In addition, there is a large undated bronze plaque on the wall in the narthex dedicated to his memory and that of his wife, put there by



three of their daughters. My strong hunch was that the mystery photo of the mutton chopped man was Rev. Savage.

A visit to the Medfield Historical Society confirmed my hunch. Yumi Jones, President of the MHS, recognized the Savage name. She brought out one thin folder labeled "Savage." Inside was a single photo that was unmistakably Rev. John Arthur Savage but perhaps a few years younger. What do you think?



We have little other information about John Arthur Savage in Medfield records that I can find, so far. Of note, during those fifteen years, rural Medfield faced growing changes, including the building of the Medfield Insane Asylum (later known as Medfield State Hospital), and the booming expansion of the E. V. Mitchell Company straw hat factory across the street from First Parish. Mitchell was a Unitarian and member of the church.

The second unnamed photo turned out to be the earlier of the two. Again, Yumi Jones came through. She produced a volume of old photos that contained one of **Rev. William Willis Hayward**, with a caption. It is the same photo as the one on our wall.

Rev. Hayward, serving First Parish 1888-1892, was the predecessor to Rev.



Savage. It was only four years, but while he was at First Parish, the parsonage, now known as the U House, was built. In 1889-- the 100th anniversary of the church building-- "a second, more elaborate steeple was constructed over the existing spire," according to our printed timeline of church construction. Perhaps all this earned Rev. Hayward a place on the back wall of our sanctuary? It is hard to know. We do not know when any of those photographs were put there.

Are you interested in history, or old things, or mysteries, or finding treasures of various kinds other than gold? You are most welcome to join me and Alison Galley in sorting out our old records and figuring out how to better store them. Send me an email.

Jeanette Ruyle jruyle23@verizon.net

Why I Give to First Parish UU - Anne-Marie Byrd

Spoken and shared during the worship service on March 15, 2026, as one of three congregant testimonials.

Good morning. A year ago, I walked through those doors for the first time, looking for something I didn't quite know how to name. I wasn't searching for spiritual dogma or a set of rules to follow. I was searching for connection—a place where my family and I could engage with others in a meaningful way.

I found that here.

In just one year, First Parish has become so much more than a place we visit on Sunday mornings. It's become our community. My twins John and Ben have found other kids who they genuinely look forward to seeing each week, talking about topics that matter like justice, kindness, what it means to be human, and how we treat each other and the Earth.

And the OWL program has given them something irreplaceable: a safe space to learn about growing up, relationships, and their bodies, with trusted adults they can ask the hard questions to. As a parent, that's everything.

But what's struck me most about this congregation is how genuinely people care. Not just about each other, but about the wider community and the world we're leaving for our kids. People here don't just talk about values—they live them. They show up. They volunteer. They protect the environment. They work for justice.

In our Unitarian Universalist tradition, we talk about sharing our time, talent, and treasure. And I've seen that lived out here in wonderful ways.



When we brought our mini golf set to Medfield Day this year—sharing our time and talent—it was very meaningful to see the fun and energy it brought to the grounds. Being on the Membership Outreach Committee and bringing food for coffee hour after service—these aren't obligations. They're joys and they're how we build the strong community we all want to be part of.

And we get to do all of this in a building that is itself a gift. This Old Meeting House has stood at the heart of Medfield for 350 years. It's the oldest continuously used public building in our town and it deserves to be maintained. Not just as a historical property, but because it represents something enduring: a place where people gather, question, support each other, and work to make the world better. That's been happening here since 1653, and we get to be part of continuing that legacy.

But here's the truth: none of this happens without treasure. Not the Religious Education program shaping our kids. Or the community outreach that serves Medfield and beyond. Not the maintenance of this beautiful building. Not the staff who hold this all together with such care. This congregation runs on the financial support of its members. That's it. That's how we keep the lights on, the programs running, and the doors open.

I've come to see my pledge as an investment in what matters most: community, connection, growth for my children, and a place where I can live my values alongside others who share them. When I pledge, I'm saying: this matters to me. My family belongs here. And I want to make sure this place is thriving, not just surviving—for the next family who walks through those doors looking for what we found.

So, I'm asking you to join me. Pledge what's meaningful for you. If you're new like me, consider making your first pledge. Every contribution matters. Every single one.

Because this community—this beautiful, imperfect, caring, engaged community in this remarkable building—deserves our support.

Why I Give to First Parish UU – Sarah Zitoli



One thing we often talk about at First Parish is how we want to grow. We want new members. We want more families. We need more people on our committees. I want my kids to have peers at church. And, as we are reminded at every bi-annual meeting, we also need more money. And sometimes, speaking for myself, it can feel daunting. Between 2019, when I was pregnant with Ressa, and 2023, when Nathaniel was born, the average childcare payment in the United States increased by 32%. And here in Medfield, we even have to pay tuition to send our kids to public kindergarten. Add in the cost of afterschool programs and summer camp and oh my god something's gotta give! So why do I pledge? I've been pledging since I was 16 years old. Of course, for years I was just putting babysitting and camp counselor money into the offertory with no understanding of how pledging actually worked. But it's not like anyone is going to stop me from coming to church if I stop pledging.

So why do I do it? I pledge because I believe that First Parish is a conduit for good. And I'm not just talking about our social action work. I'm not just talking about our pastoral care. I'm talking about the sermon you listened to about negative self-talk that later inspired you tell your coworker not to be so hard on herself. I'm talking about the kid who speaks up when they hear their teacher say something xenophobic—both because of what they learned in RE and because this congregation has taught them that their voice matters by always listening to what they have to say, regardless of their age. I'm talking about the high schooler who, because of the OWL program, is able to recognize that their best friend is in an unsafe relationship and get them the help they need.

A 2024 Census of American Religion found that 1.7 million people in the US identify as Unitarian Universalists in the United States. By contrast, there are only about 35,000 Scientologists, and if you haven't read any books or watched any documentaries about the reach that organization has, well let's just say that they are able to accomplish a lot of horrible things. Imagine what wonderful things we could we accomplish if we all gave a little more.

So back to the original question. Why do I pledge. I pledge because I may not have faith in God, but I have faith in First Parish Medfield, and I have faith that together we can continue to make a positive and lasting impact.

Why I Give to First Parish UU – Martha Holt Castle

Hi friends. So, I am going to apologize ahead of time since I haven't been here that much recently. For those who were here a couple weeks ago, you would have heard my daughter light a candle of sorrow (and maybe joy) talking about how little she has seen of me of late. Since January 1st, I have traveled all but two weeks for work. I'm here to talk a little bit about that but also how it relates you and the amazing stuff that we've been accomplishing here together as a community — and what it means to me.



The session today is about generosity. For me, generosity includes our pledges, but also includes the generosity of our time, our thoughts and our love. All of this really means so much more to me when I'm put to the test. I work for a defense contractor, and as a as someone who works for defense contractor, I have been for the last several years privy the information that most of you haven't been. That information did culminate most recently in the attacks in the Middle East. I knew it was gonna happen. I didn't know when and I didn't know exactly where. The military engagement sparked a call action for me. I am traveling every week because people are depending on my company to replenish the ammunitions that have been used in those conflicts.

It is heartening to know, however, that work isn't everything that I'm about. I was speaking with Rev. Dave and Jeanette during one of our weekly check-in that the board has with Rev. Dave, and I expressed how important my service to this community, and the fact that this community exists, is to me right now. I'm particularly more reliant on this congregation than ever because I realize at the end of the day, we are all faced with challenges. Whether it's a commitment to ensure that our loved ones, friends and family who this administration puts in harms when sent to areas of war, that they have the tools necessary to keep themselves safe. Whether it be working over health challenges our loved one's face. Whether we are struggling financially. No matter what, we can come back to someplace like this. I also realize that only through our generosity does a place like this exist: a place where we can continue to have these hard conversations, express our hopes and sorrows, and connect together as a community.

I do that personally by being a congregant, a donor, but also as well as serving on the Board. What I realized during these hard weeks is that I am who I am because of First Parish. There's a paradox, though, because First Parish is what it is because of me; because of you. We are only as strong as we make this place. We all do that constantly each and every day. Whether it's singing in the choir, giving money so that we can fix ridiculous issues with our building, taking our kids across the way to teach them RE, mentoring our kids as they go through coming-of-age. We're keeping this community whole and vibrant. I for one, after spending weeks in the desert dealing with horrible things day in a day out, look forward to coming to a place like this. Knowing it exists makes me really grateful.

In closing, I'm grateful that you all are part of this community and ensure it exists for me. Thank you for all you do.



Green Sanctuary Committee

Our next meeting is Mar. 30, 2026, 7pm by Zoom. All are welcome! Email [Jeanette Ruyle](mailto:Jeanette.Ruyle) for link and more info.



Our mission is to raise consciousness about the environment, motivate for individual and systemic change, generate commitment to community action, and promote environmental justice, recognizing that all injustices are connected.

Osler "Pete" Peterson Will Be FPUU's 2026 Earth Day Speaker

This year's Earth Day Service, organized by the Green Sanctuary Committee, will be held on Sunday, April 19. For this service, we have been able to engage a prominent speaker: local attorney and long-time Select Board member Osler "Pete" Peterson.



Mr. Peterson is the recipient of many honors by the legal profession, as well as a leading community builder. In Medfield alone, he has served on the Select Board without interruption since 2000 (including seven one-year terms as chair), on the Medfield Zoning Board of Appeals, and on the board of the Medfield Foundation, of which he is a co-founder. He also ran Medfield Day four times and started/directed the Medfield Night Fireworks (2001-2009). Beyond Medfield, he has served as a trustee of Lasell University in Newton and of Lasell Village, a Continuing Care Retirement Community, where he chaired the board during both its planning and construction - and where "Pete's," the Store at Lasell Village, was named and dedicated in his honor in June 2000. He has also been Director, Clerk, and President at Riverside Community Care in Dedham, a community mental health agency, and a Director at Beth Israel Deaconess Hospital in Needham.

In his role as a member of the Medfield Select Board, Pete has been a tireless advocate of green climate policies. On April 19, he will speak to us about his experiences as a member of Medfield's Energy Committee and about the climate issues and challenges faced by Medfield and similar towns in our area.

Do join us and bring your friends!

Medfield Day 2026 is Sept. 26. The Green Sanctuary Committee is seeking donations of 'like new' small accessory treasures for our planned 2nd annual Thrift Shop at Medfield Day.



It is not too soon to be thinking about donating items. Adults and children alike are encouraged to set aside pre-loved items now, and we will collect and store them. Your early participation will help us to make next Fall's thrift shop an even greater success! Ask friends if they have items to contribute, and tell them all proceeds will benefit the maintenance of our Historic Meeting House. We are seeking gently worn or rarely used accessory items, such as the following: purses, small wallets, backpacks, jewelry, watches, hair clips, hats, baseball caps, scarves, shoes, belts, and even perfumes. All donations should be clean and in good condition. Contact Kirsten or Jeanette with any questions.

Meditation & Reflection

Shirley Riga, Spiritual Director

Member of the Pastoral Care Committee

Listen



The most wonderful gift we can give ourselves is to listen to ourselves. No matter if we are sobbing, worrying, screaming or lamenting, we listen from our soul. We listen from our heart. We listen. Because each one of us is worth the effort to be present for.

Imagine if you were in front of a small child feeling lost, crying, fretting, or joyful. You would get down to their eye level and listen to them. That is the gift you are giving yourself when you sit in silence.

Our world is changing drastically. In the energy world, everyone is moving into heart-centered consciousness. Human hearts are activated by the chaos, struggle, and pain we are all experiencing.

Each of us is a warrior, a lightworker, managing to survive through this turmoil, no matter how messy we define survival. Life is not fair. Life is struggle. As typical of human kind, we make changes when our safety or the safety of our loved ones are in question.

We live in a broken system evidenced all around us. Sometimes we must fight for our needs using a fierceness from within, but this fierceness is sourced from good. Sometimes we fight from anger holding a war mentality of us versus them, othering everyone because of hate. The choice sifts down to love or fear.

Eckhart Tolle has taught us about our pain body. He writes, "A pain body is in every human, made up of emotions. Any emotionally painful experience triggers the pain body." Excerpted from [*A New Earth*](#) by Eckhart Tolle.

We hold emotions in our bodies. When we experience trauma, especially as children, emotional reactions can get stuck within because of the difficulty in processing them. At this time, I am undergoing trauma-based therapy reprocessing childhood memories frozen in my past. I was unable to deal with these dormant memories until serious physical problems manifested, and recently a professional GI physician told me these problems were trauma-based, as all my medical testing was normal. It was then I was able to move forward under the guidance of a professional [EMDR](#) therapist.

So how do we take care of ourselves when we listen? Awareness is a big first step.

Be patient with yourself as you would a small child. Use your breath and envision your adult with your small child and practice being together. Use your breath, be grounded in the NOW and those are the two keys. As we practice silence in the NOW we strengthen our experience of our inner awareness.

Eckhart talks about breathing the pain body down to calm the trigger. Once a trigger is recognized, taking a breath and slowly blowing through your lips, much like blowing into a straw, gently and calmly. This

breathing technique gives space to the experience. Keep your eyes open if you need to. Sometimes open eyes keeps one in the present.

So, when listening with your heart, be aware of your breath, use your breath to bring in calmness. Treat yourself with loving and respectful care, and stay present with your heart in the NOW. You are there for yourself.

Sanctuary Flowers



Your help is requested to ensure that we have Sunday Worship Service Flowers. Flowers are a wonderful way to celebrate or memorialize an occasion, event, or a loved one.

If you would like to provide worship service flowers, please contact Louise Rachin at lrachin@comcast.net.

Seeking Coffee Hosts



Coffee hour hospitality after the worship service is a very important time to welcome new members and guests and enjoy some fellowship with one another. If you are interested in hosting a coffee hour, please sign up for a specific date using this link:

<https://www.signupgenius.com/go/10C084DA5A928A3FE3-56905841-coffee#/>



Medfield Food Cupboard

Please contribute non-perishable items to the Medfield Food Cupboard basket located in the narthex. Requested items are: Ensure/**Boost** (chocolate or vanilla), **Rice mixes** (e.g., Rice-a-Roni), **Spaghetti**, Peanut **butter** (preferably Jif or Skippy, creamy), **Jelly** (preferably grape).



Dignity Matters



FPUU supports Dignity Matters, a local non-profit that provides menstrual supplies and undergarments to 15,000 women and girls in Massachusetts living in poverty and/or experiencing

homelessness. Donations can be left in the box outside the U-House. Alternatively, they have an Amazon Wish List where you can order items to be shipped directly to DM. Most needed items include sanitary pads (packages of 20, 24, 40, and 48), adult sports bras (all sizes but particularly XL), and new adult underwear in all sizes and styles. If you have questions or would like to have the link to the Amazon Wish List emailed to you, please contact Becca Kornet.



Members are asked to note the dates of upcoming Parish meetings. A quorum is required to conduct business.

The Annual Meeting will take place on Sunday, June 7, 2026, from 11:30 am - 1 pm in the sanctuary and on Zoom.

Chaplains on the Way



hope is found in hearts connected

The following items would be gratefully received by the unhoused community of Waltham:

- 3 lb. cans of caffeinated coffee
- 12 oz. hot cups w/lids
- 40-pack case of Bramble or HotHands hand warmers, available on Amazon.com
- Yoga mats - 1/2" thick
- Men's and Women's new or gently used winter coats and jackets, sizes medium – extra-large (preferably made from synthetic fabrics)
- Men's sweatpants & hooded sweatshirts, sizes large & extra large
- Women's sweatpants & hooded sweatshirts, sizes medium & large
- Women's and men's winter gloves, sizes medium – extra large
- Winter socks, long underwear, sizes medium – extra large
- Warm blankets & sleeping bags, (preferably made from synthetic fabrics)
- Travel-size sewing kits
- First aid supplies (adult size band aids, antiseptic wipes, sterile gauze pads, medium & large, first aid tape)

Kindly place your donations in the box located in the vestry. Contact Louise Rachin at 617-429-7319 or at president@chaplainsontheway.org with any questions.



FERRY BEACH RETREAT

MAY 15-17



Join us In Saco Maine for a fun, restorative, all-ages retreat at Ferry Beach.

Relax while collecting shells along the beautiful, seven-mile-long beach, play on the playgrounds, sing by the campfire in the wooded grove, or read a good book on the porch.

We will hold our Sunday worship service in the outdoor chapel among the tall pines.

Like usual, this is a shared retreat with our friends at First Universalist Society of Franklin.

There are a variety of types of lodging to choose from: dorms, cottages, cabins, or campsites.

We will arrive Friday evening (no dinner served Friday night). The weekend retreat includes: lodging, breakfast, lunch, dinner on Saturday, and breakfast on Sunday.

Registration opens Mon. March 2, on a first-come-first-serve basis
Our unique registration link will be sent to you soon.

If you have any questions, please contact: Thea Iberall, Shirley Riga, David & Kathleen Kassay



FPUU Calendar of Events

Wednesday, April 1	Passover Begins AFD Committee Meeting/.7:15 pm/Zoom
Thursday, April 2	Pastoral Care Committee Meeting/7:30 pm/Zoom
Friday, April 3	Good Friday Passover Seder/6:00 pm/Vestry
Sunday, April 5	Easter
Monday, April 6	Staff Meeting/11:00 am/U-House
Wednesday, April 8	Membership Committee Meeting/7:00 pm/Zoom
Thursday, April 9	Special Executive Board Meeting/7:00 pm/Zoom
Thursday, April 9	Worship & Music Committee Meeting/7:30 pm/Zoom
Saturday, April 18	RE Game Night/6:30 pm/Vestry
Sunday, April 19	Newsletter Deadline
Monday, April 20	Patriot's Day
Thursday, April 23	R.E. Committee Meeting/7:00 pm/Zoom
Thursday, April 30	Executive Board Committee Meeting/7:00 pm/Zoom

